

HOLIDAY CRICKET CAMPS



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| U12s(10, 11 & 12 year olds) | Rookies (8 & 9 year olds) |
| Mondays 20/12, 10/1, 17/1 Wednesday 22/12 Fridays 14/1, 24/1 | Tuesday 21/12 Thursday 20/1 |
| Time(s) : 9.30am to 12.00pm Fee : Each Session = \$66 Payment by : Credit Card or Cash on the day (or phone through credit card details to pre-pay before the day) | |

Our School Holiday Cricket Camps are for boys and girls and we have separated them into Under 12 players and Rookies. The focus on the development of fundamental batting, bowling and fielding skills. Our experienced, qualified coaches together with our world class indoor training facility and latest training aids provide the perfect learning environment.

All our coaches have played or coached at representative level and their mission is to help participants take their game to the next level. They aim to make it fun and children are placed in groups according to their age and skill level. Players then move through a circuit of technical drills to develop new skills and build on their existing skill base. Where appropriate, bowling machines will be used as players work through the full range of batting shots including both front foot and back foot shots against spin and fast bowling.

The Program Includes: Note: The content on each day will vary

-  Batting Workshops covering the full array of shots
-  Where deemed safe, use of Bowling Machines that allow us to regulate the speed and swing on each delivery
-  Tuition on Running between the Wickets
-  Fielding, Throwing and Catching Drills
-  Bowling Technique and Execution - Spin or Pace including Video Analysis where required
-  Drills Specific to the T20 format of the game



BRING: Full Drink Bottle + Snacks + Cricket Gear

BOOKINGS [Online for U12s](#) and [Online for Rookies](#)

VENUE : CRICKET HQ : 51-53 Levanswell Road - Moorabbin 3189

CONTACT : Phone (03) 9018 9733 www.cricket-hq.com.au

