

Cricket Player Power Hitting Workshop

Cricket HQ 51-53 Levanswell Road, Moorabbin VIC 3189 Friday 21st December Start Time: 10am - 1.00pm





Who is it for?

Players committed to developing their knowledge and skills and wish to see these unique thinkers/practitioners in their fields of experise

What's makes a Power Player?

- Hit the ball hard
- Hit all areas
- Adjust and Adapt
- Be athletic





The Power Hitting System

- Guaranteed increased hand speed
- Ball exit velocity
- Add skill, touch and power
- Enhance scoring options to your game
- Each participant will recieve a Force

Train weighted Power hitting bat RRP \$210

The Power Hitting System can turn good players into spectacular hitters - an essential asset to any winning team



Learn the art of Power Hitting, improve strength and bat speed. Develop a strong base (power position) to help you hit the ball clean, hard and far! Tips and techniques taught to international players!



\$175pp Power Hitting Workshop

Each participant receives a **Force Train Bat**











Julian Wood



- Power Hitting Specialist (ECB)
- ECB T20 Hitting Specialist currently working with England
- ODI/T20 Squad England Lions, England U19s
- Ireland T20 Hitting Specialist
- ECB Level 3 Performance Coach

David Alleyne



- Director | Founder Future Stars Cricket
- High Purpose Academy Director of Cricket -Wicketkeeping / Batting Specialist
- Former Middlesex & Nottinghamshire CCC 1st Division County Championship Winner 2005
- SA, WA, VIC Premier 1st X1 Cricketer (15 years) VIC Premier Team of Year 2012/13
- CA/ECB Accredited & Level 3 Performance Coach

David Alleyne

"Living a committed high purpose lifestyle to self improvement will present the athlete with opportunity to consistently perform in various formats, environments and over a sustained period of time

until their retirement from professional sport"

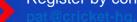
To secure your place and register for the Power Hitting



Register by contacting:

Bought to you by Future Stars and specialist partners

Workshop contact Pat Camm at Cricket HQ. Please advise your bat size when registering.



ng..com.au or phone 0418 342 700









