

HOLIDAY CRICKET CAMPS









DAY 1	TUESDAY JANUARY 15	DAY 2	FRIDAY JANUARY 18
Time : 9.30am to Midday		Time : 9.30am to Midday	
Fee : One Day \$55 or Both Days \$99			
Payment by : Credit Card or Cash on the day			

Our Summer School Holiday Cricket Camps are for boys and girls aged 8 to 13 and focus on the development of fundamental batting, bowling and fielding skills. Our experienced, qualified coaches together with our world class indoor training facility and latest training aids provide the perfect learning environment.

All our coaches have played or coached at representative level and their mission is to help participants take their game to the next level. They aim to make it fun and children are placed in groups according to their age and skill level. Players then move through a circuit of technical drills to develop new skills and build on their existing skill base. Where appropriate, bowling machines will be used as players work through the full range of batting shots including both front foot and back foot shots against spin and fast bowling.

The Program Includes:

-  Batting Workshops covering the full array of shots
-  Where deemed safe, use of Bowling Machines that allow us to regulate the speed and swing on each delivery
-  Tuition on Running between the Wickets
-  Fielding, Throwing and Catching Drills
-  Bowling Technique and Execution - Spin or Pace including Video Analysis where required
-  Drills Specific to the T20 format of the game



BRING: Full Drink Bottle + Snacks + Cricket Gear

BOOKINGS* [Online](http://www.cricket-hq.com.au) OR By Email pat@cricket-hq.com.au By Phone 0418 342 700

* Please email or text your child's name, age and specify attendance on Day 1, Day 2 or both days. Note: The content on day 1 and day 2 will vary

VENUE : CRICKET HQ : 51-53 Levenswell Road - Moorabbin 3189

CONTACT : Phone (03) 9018 9733 www.cricket-hq.com.au

